



T A P A S

DISHES SERVED WHEN READY

Garlic Mushrooms (GF) (V) £7.95
Creamy sautéed garlic and tarragon mushrooms

Classic Bruschetta (VG) £7.95
Fresh tomatoes, basil, red onion, and garlic served over rustic bread, drizzled in olive oil and balsamic glaze

Mesquite chicken wings £7.95
Spicy chicken wings served with a chipotle mayo

Tempura King Prawns £9.50
King prawns in a tempura batter, served with ginger and chilli dip

Crispy Calamari (GF) £9.50
Lightly fried seasoned squid served with lemon, red chilli and homemade aioli

Cornish Catch & Aoili £9.95
Crispy battered catch of the day served with homemade aioli

Steak Bruschetta £12
Seared strips of fillet tail with fresh tomatoes, basil, red onion, and garlic served over rustic bread, drizzled in olive oil and balsamic glaze

Garlic Butter Scallops (GF) £13.00
Pan seared scallops bathed in garlic butter with celeriac, served with rustic bread

Moules Marinière (GF) £13.50
Fresh mussels cooked in white wine, garlic, shallots, and cream served with rustic bread

Crab Pot £13.50
Local crab with lemon, cracked black pepper, served with rustic bread

Charcuterie Board £14
A selection of cured meats including salami, prosciutto, and chorizo, with mixed Mistoliva olives and rustic bread

P I Z Z A

12" | GLUTEN FREE BASE AVAILABLE

Margherita (V) £12
Rich tomato sauce, creamy mozzarella, aged parmesan, and torn basil

Verdura (V) £14
Roasted Mediterranean vegetables, olives, mozzarella and aged parmesan

Prosciutto & Ricotta £15
Mozzarella, aged parmesan, prosciutto, mushrooms, and ricotta

Silas Salami £15
Salami, olives, mozzarella and aged parmesan

King Prawn & Chilli £16
King prawns with paprika, chilli, garlic, capers mozzarella and aged parmesan

The Meaty £16
Salami, prosciutto, nduja, chilli, mozzarella and aged parmesan

S A L A D S

SERVED WITH A BALSAMIC DRESSING

Avocado & Edamame (VG) £12.95
Creamy avocado and tender edamame on a bed of fresh greens (add Halloumi +£3)

Crab & Avocado (GF) £15.95
Fresh dressed crab paired with ripe avocado and crisp salad leaves

Steak (GF) £16
Sliced grilled fillet tail on mixed greens with cherry tomatoes

GF - GLUTEN FREE OPTION
V/VG - VEGETARIAN / VEGAN OPTION

ALLERGEN NOTICE:

PLEASE INFORM YOUR SERVER OF ANY ALLERGIES. WHILE WE TAKE CARE, ALL DISHES ARE PREPARED IN A KITCHEN THAT HANDLES NUTS, GLUTEN, DAIRY, AND OTHER ALLERGENS.

FLIP FOR MORE FOOD





S I D E S

Rustic Bread & Balsamic Oil	£3.95
Garlic Pizza Bread	£6
Marinated Olives	£3.50
Chips	£4
Parmesan Fries with truffle mayo	£6
House Salad	£4.50
Asparagus & Tenderstem Broccoli	£5.95
with parmesan and black pepper	

D E S S E R T S

Homemade Brownie (GF)	£7.95
Rich, fudgy chocolate brownie served warm with ice cream	
Affogato (GF)	£5.95
Cornish espresso with Cornish vanilla ice cream	
Kids Ice Cream	£4.00
Callestick Farm Ice Cream - Check the specials board for today's flavours!	

K I D S

Margherita (v)	£8.50
9" Pizza with rich tomato sauce, creamy mozzarella, aged Parmesan, and torn basil	
Fish Goujons (GF)	£8.50
Crispy battered fish strips served with peas or beans, and chips	
Chicken Chunks	£8.50
Bite sized breaded chicken served with peas or beans, and chips	
Ham, Egg & Chips (GF)	£8.50
Kids portion of ham, egg and chips	

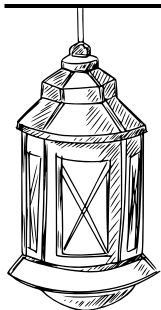
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CHECK OUT OUR SPECIALS BOARD FOR MORE!

THE STORY BEHIND SILAS COVE



Silas "Finny" Finn was a clever smuggler who landed goods in the hidden cove below Portwrinkle (now Finnygook Beach). Disguised in a bonnet, he and his partner Joan outsmarted the taxmen for years.

But when Finny was finally caught, he betrayed his fellow smugglers to save himself, signalling a false "all clear" from the cliffs. His friends were arrested, and Finny vanished.

They say his ghost still wanders the cliffs, lantern in hand, forever haunted by his betrayal.

This is the story behind Silas Cove, a place steeped in legend and coastal lore, and now the home of good food and wine!

FLIP FOR MORE FOOD





— R U S T I C B A G U E T T E S —

SERVED IN BARRA GALLEGA BAGUETTES WITH
A SIDE SALAD AND CRISPS
BETWEEN 12PM - 5PM

Caprese (v)

£11.95

Sundried tomato, mozzarella and basil,
and pesto cream cheese

Roast Ham & Rocket

£11.95

Roasted ham with a wholegrain mustard
mayo and rocket salad

Prosciutto & Cheese

£12.95

Prosciutto, honey, cheese, and rocket

Mediterranean Vegetable (v) (vg)

£12.95

Roasted Mediterranean vegetables with
rocket and pesto

Antipasto

£13.95

Chorizo, Salami, creamy pesto, and rocket

Crab & Lemon Mayo

£14.95

Hand cracked crab with cracked black
pepper, lettuce, and lemon mayo

v/vg - VEGETARIAN / VEGAN OPTION

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